

## **Aquatics Palace**

*(main training facility and sports venue)*

The Aquatics Palace is one of the largest indoor sports venues in Russia and elsewhere hosting aquatics sports competitions: swimming, artistic swimming, diving, and water polo. Thanks to the unique movable bottom technology, the venue can serve as a universal sports palace for hosting team and combat sports competitions.

The Aquatics Palace hosted a number of high-profile international sporting event. The 27th Summer Universiade 2013, 16th FINA World Championships 2015, 16th FINA World Masters Championships 2015 were among them.

The venue has hosted:

- FINA/CNSG Diving World Series since 2014;
- FINA Swimming World Cup since 2018;
- FINA Artistic Swimming World Series 2019;
- Russian Short Course Swimming Championship, Russian Artistic Swimming Championship, Russian Diving Championship, and other competitions.

### **Swimming pool**

The swimming pool is equipped with all necessary equipment for conducting effective training sessions.

There are three 50m swimming pools at the Aquatics Palace: main pool, pool for warming-up, and pool for diving. Movable pool and relocatable partition make it possible to change the depth of the pool for diving. Cleaning is carried out by ozone treatment. The swimming pools which meet all FINA standards are maintained by a professional team.

### **Venue characteristics (Aquatics Palace)**

*Pool for diving competitions 33,33 × 25 × 5,5 m:*

- springboards – 1 m, 3 m;
- platform – 1 m, 3 m, 5 m, 7,5 m, 10 m;
- movable bottom;
- 2 hot tubs with warm water;
- dressing rooms for athletes and judges.

***Main competition pool for swimming and artistic swimming 52 × 25 × 3 m:***

- movable bottom;
- relocatable divider beam;
- dressing rooms for athletes.

***Pool for swimming and artistic swimming (used for warming-up) 50 × 25 × 2,2 m:***

- 2 halls for warming-up and training;
- dressing rooms for athletes.

All swimming pools are equipped with viewing windows for coaches to follow athletes' progress, as well as for photo and video shooting. In addition, there are a dry land training facility, massage rooms, gyms, press centre, and other facilities required for holding competitions.